

Shamanic Journeying Circle ~ 2020

A Monthly Circle Facilitated by Gretchen Crilly McKay



The current climate of chaos and uncertainty affects all of us, creating uncertainty and confusion about the future. In this class we will connect with our Lower World and Upper World compassionate spirit allies for the purpose of receiving insight and guidance for healing ourselves and Mother Earth.

Journeying is the foundational tool for shamanic study and healing and provides the passageway that has been used for centuries to obtain information from other dimensions, realms, and realities. Through the journeying process, you can receive information, knowledge and wisdom which you can utilize for solving problems, gaining clarity about life's circumstances, or simply to build your awareness and understanding of the different worlds beyond. Journeying is a perfect way to learn what direction is needed in your life to facilitate wholeness.

This is an experiential class where we will enter non-ordinary reality using the shamanic journey to receive direction. In this monthly journeying class we will connect with our Lower World and Upper World compassionate spirit allies for the purpose of healing ourselves and our communities.

Preregistration Required - Limited Space

Purchase Eventbrite ticket on Gretchen's [Website](#)

Private consultations available 12:30pm to 2:30pm at CIHHSB

Gretchen uses the African divination system of throwing the bones to diagnose the spiritual issues underlying dis-ease and family patterns; provides shamanic healing through energy healing, soul retrieval and soul remembering; uses medicinal herbs and aromatherapy to facilitate energetic healing through ceremony and ritual; and teaches workshops for ancestral and personal healing. She also offers mentoring and a two-year program in advanced shamanic healing and apprenticeships for those called to this path.

**30 minutes for \$75 / 60 minutes for \$145.
To schedule contact Gretchen at gcmckay2@mac.com.**

WHEN:

4th Saturday of Month
Jan 25, Feb 22, Mar 28,
Apr 25, May 23, Jun 27,
July 25, Sept 26, Oct 24,
Nov 28, 2020

10:00am - 12:00pm

WHERE:

Center for Integrative
Health & Healing
13001 Seal Beach Blvd,
Ste 360, Seal Beach, CA

FEE:

\$25 per session
Preregistration required
(attendance at all sessions
not required)

PURCHASE TICKET



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Visit website
ancestralwisdom.com